



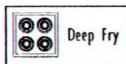
## BREADED SCAMPI

### Cooking Instructions:

For Best Results Cook From Frozen



Place on a lightly greased baking tray into a pre-heated oven at 240°C / 425°F / Gas Mark 7 for 20 minutes.



Pre-heat oil to 180°C / 350°F. Gently lower the scampi into the oil and fry for 6 minutes.



Pre-heat grill on medium heat and grill for approx. 16 minutes turning occasionally.

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