



CHICKEN CORDON BLEU

Cooking Instructions:

For Best Results Cook From Frozen



Deep Fry

Simply fry in oil at 180°C / 355°F for approximately 10-12 minutes.



Ovenbake

Place on a hot baking tray in a pre-heated oven at 200°C / 400°F / Gas Mark 6 for 30-35 minutes.

To re-order telephone:

Mike's Gourmet Seafoods on 077 888 17273

or online at www.mgseafoods.com

Ingredients: Chicken (52%), Water, Cheese (9%), Breadcrumbs (8%), Ham (6%)
[contains preservative (E250)], Wheat Flour, Vegetable Oil, Salt.