

## **CHICKEN KIEV**

Whole Breast of Chicken filled with Garlic butter enrobed in a Crispy Crumb.

## **Cooking Instructions:**



From Frozen:

Place on a hot baking tray in a pre-heated oven at 200°C / 400°F / Gas Mark 6 for approximately 30-35 minutes.



From Defrost:

Place on a hot baking tray in a pre-heated oven at 200°C / 400°F / Gas Mark 6 for approximately 20-25 minutes.

Allergens: Gluten

To re-order telephone:

Mike's Gourmet Seafoods on 077 888 17273 or online at www.mgseafoods.com