



## CHINESE CRISPY DUCK

### Cooking Instructions:

Fully Defrost the Duck prior to cooking



**Pancakes:** Cook on high for 30 seconds, rest, then finish for approx. 30 seconds until bag expands with steam.

Or thaw and heat in steamer 4-5 minutes.



**Duck:** Place in a pre-heated oven 200°C / 400°F / Gas Mark 6 and cook for 30-35 minutes.

Crisp under grill if required.

To re-order telephone:

Mike's Gourmet Seafoods on 077 888 17273

or online at [www.mgseafoods.com](http://www.mgseafoods.com)

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**Ingredients:** Duck, Pancakes.