



LUXURY FISHCAKE SELECTION

8 x Smoked Haddock and Spring Onion

8 x Cod and Pancetta

8 x Salmon & Broccoli Crispbakes

Cooking Instructions:

For best results cook from frozen



Place on a lightly greases baking tray, cook in a pre-heated oven to 200°C / 400°F / Gas Mark 6 and cook for approximately 20 minutes.



Shallow fry or drill at a medium to high heat for 12-15 minutes, turning half way trough cooking.

To re-order telephone:

Mike's Gourmet Seafoods on 077 888 17273

or online at www.mgseafoods.com