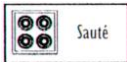




## SCALLOPS

### Cooking Instructions:

This product **MUST** be thawed before cooking.



Gently fry in butter for 2 - 3 minutes. Turning once during cooking.

These scallops are not soaked and therefore will not shrink during cooking.

To re-order telephone:

**Mike's Gourmet Seafoods on 077 888 17273  
or online at [www.mgseafoods.com](http://www.mgseafoods.com)**

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Ingredients: Scallops (98%), Water